



Independen-dance

Opportunity through inclusive dance



Photo Credit: Brian Hartley

At a Glance

- Star Story
- Our Grand Studio Open Day!
- Trip to South Korea
- Saturday Extravaganza
- Save the Date for our Fundraiser

Autumn 2023 Newsletter

Read all about the busy summer we have had at home, in Scotland and a far!

Find out about where we have been dancing, what we have coming up for the rest of the year and how you can support us or get involved with our activities!

WELL DONE ROSS!

Ross has now been dancing as a member with Indepen-dance since 2019 and we would like shine a light on how far he has come.

Since joining Indepen-dance Ross has become fully immersed in many of the activities run by Indepen-dance. Ross has made big improvements in his dancing since he first attended and now attends our Adult class, Adult Performance Company, the Evolve Class and our Yoga morning!

His family have said they have seen a real change in Ross's confidence, motivation and speech since attending dance classes.

Ross has also participated in many trips abroad with Indepen-dance to perform, including most recently the trip to Switzerland with the Adult Performance Company where the piece 'Huddle' was performed.

Ross described this opportunity as "amazing". He spoke of spending a lot of time outside dancing and also of his experience swimming in the Swiss sea! Ross said he "dived in" and helped others who were afraid of the cold water join in with the fun.

Ross has continued to develop his skill and is on way to completing a qualification in the Dance Leaders course. We are so impressed by Ross's dedication and commitment to Indepen-dance through his involvement in all of these classes keep up the good work!

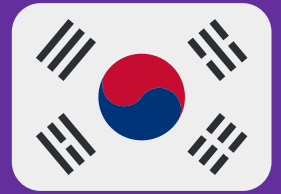
STAR STORY:

ROSS SIMPSON



Photo Credit: Indepen-dance

INDEPEN-DANCE ON TOUR



SOUTH KOREA KIADA FESTIVAL

In August, a group of our dancers had a very successful trip to KIADA Seoul in South Korea!

Thank you KIADA for hosting us at a welcome dinner and for your hospitality. Our dancers performed *Four Go Wild In Wellies* and *Entwined* and met other inclusive dance companies from all over the world including Japan, Indonesia, Brazil and Germany to name a few!

“Such an amazing
place to see!”

SUNNY GOVAN COMMUNITY RADIO

If you would like to hear more about the South Korea trip, Sean and Tosia our Dance Artist and Dance Access Worker spoke on radio to Sunny Govan on 10th October to listen again visit:

sunnyg.org

to listen in to songs selected by Sean and Tosia and to hear more about the teams travel and performance.



Photo Credit: Indepen-dance

OUR GRAND STUDIO OPEN DAY



In September we officially opened our new studio in Bridgeton, on a sunny Saturday our long standing member Aaron along with our Artistic Director Karen Anderson (Left) and Chair of the Board Mairi Breckenridge cut the ribbon.

Photo Credit: Brian Hartley

We welcomed the local community to have a tour of newly transformed Bridgeton Bar, now new studio and office space. Some of our dancers performed a street performance - The Nelken Line and special guest Mischief La-Bas appeared as old Hollywood paparazzi interviewing and 'papping' our guests.

Thank you to Alison Thewliss, MP for coming along to support us.

We welcomed the local community to have a tour of newly transformed



Photo Credit: Brian Hartley

OUR NEW COFFEE HUT

Our Coffee Hut is a new project based at our Bridgeton venue. Kindly supported by Glasgow Coffee Roasters - *TIN DONKEY*, All profits will go directly to our charity to support the work we do.

Our Coffee Hut is Volunteer-led with full training provided, thank you to Lara from *Food Story Café* who has been supporting us in the opening and training our new Barista volunteers!

Keep up to date to hear news about our new Coffee Hut, Barista Volunteering and our opening day and hours by following us on Instagram:



ind.coffeehut



Photo Credit: Brian Hartley

PERFORMANCES

SOLAS FESTIVAL



In June our Young 1z's returned to Solas Fetsival in Errol Park, Perthshire, to perform and deliver a Wake Up with Wils session for all campers in the morning, they also hosted thier own workshops at the fetival.

We had fun exploring the festival and enjoying the acts on stage!

Photo Credit: Solas Festival

'YOU MAKE ME FEEL LIKE DANCING' PERFORMANCE EVENT AT GCU



Photo Credit: GCU

dancers and their families in both Scotland and Colombia over a two year period. The findings speak of the feelings of confinement felt by dancers with disabilities but also of the opportunities that online dance classes offer to see the body and dance differently.

WELLIES TOUR SCOTLAND 2023

Indepen-dance small ensemble are out on tour again this autumn performing Four Go Wild In Wellies, visiting venues across Scotland and England; Including Déda - Centre for dance, movement and creativity in Derby. Well done Katie, Blair, Julie and Neil



Photo Credit: Brian Hartley

UCI CYCLING CHAMPIONSHIPS

Our Evolve group have been very busy too, they even performed to delegates from all over the world at the opening ceremony of UCI Cycling Championships at George Square amongst a bill of acts headlined by KT Tunstall.



Photo Credit: Indepen-dance

SAVE THE DATES



TRAINING WORKSHOP 

with visiting tutor
ROMANY DEAR

**FRIDAY 27th
OCTOBER 2023
10am - 4pm**

The Pearce Institute
840-860 Govan Road
Govan G51 3UU



**Saturday 9th March
Hilton Hotel, Glasgow
6pm - 1am** 

Join us for a night of elegance, artistry, and unforgettable memories at our first ever Dinner & Showcase. We are proud to present this unique and exclusive event, combining great food with a breathtaking performance. Scan QR code to get tickets!



JOIN US

For a monthly ultimate morning Wake Up!

2023
Saturday 16th September
Saturday 21st October - Autumn Party - Dress Up!
Saturday 18th November
Saturday 23rd December - Winter Party!

2024
Saturday 27th January
Saturday 24th February
Saturday 30th March
Saturday 27th April
Saturday 25th May
Saturday 29th June



EXTRAVAGANZA

10:00 - 12:30
At
Pollokshaws Burgh Hall
2025 Pollokshaws Rd, Glasgow G43 1NE

Tickets available now via Eventbrite!

WINTER SHARING & ANNUAL GENERAL MEETING 2023

WEDNESDAY 6TH DECEMBER

AT
PEARCE INSTITUTE

Updates on our Social Media

ONLINE AND IN-PERSON

CLASS SCHEDULE

Contact admin@independance.org.uk to take part.

Monday

Adult Class - 11:30am - Pollokshaws Burgh Hall

1Adult Class - 1pm Pollokshaws Burgh Hall

Monday Moovers: 1pm - Online

Doodle N' Dance: 4pm - Online

Tuesday

Yoga & Coffee Morning: 11am/12pm - Independ-dance Bridgeton Venue & Online

Youth Class (ages 5-11): 5pm - Independ-dance Bridgeton Venue

Wednesday

Professional Technique Class: 9.30am - Scottish Ballet Studio (Tramway)

Adult Performance Company* 11am to 2pm - Scottish Ballet Studio (Tramway)

Evolve Class*: 2.30pm - Scottish Ballet Studio (Tramway) ***Invite Only***

Adult Class: 11am - Maryhill Community Centre

Adult Cass: 1pm - Maryhill Community Centre

Youth Class (ages 12-18): 5pm - Pearce Institute

Youngl'z* 6.30pm to 8pm - Pearce Institute ***Invite Only***

Thursday

Dance Your Socks Off (Ages 0-5): 9.30am & 10.15am - Tramway

Adult Class: 11am - Tramway

Adult Class: 11.30am - Pollokshaws Burgh Hall

TouchTrust: 1pm - Tramway

Adult Class: 1pm - Pollokshaws Burgh Hall

Dance Energy: 5pm - Online

Parents and Carers (Adults Only) Class: 7pm- Independ-dance Bridgeton Venue

Friday

Adult Class: 11.30am - Independ-dance Bridgeton Venue

Adult Class: 1pm - Independ-dance Bridgeton Venue

Friday Groovers: 1pm - Online

Friday Social: 5pm - Online

Saturday

Wake Up with Wils: 10am - Online

**Our online classes are free and take place via Zoom.
Our in-person classes are paid per class or via block booking.**

INDEPEN-DANCE | 159-161 JAMES STREET, BRIDGETON, GLASGOW, G40 1BS
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